

Newstead Recreation Program

November 2006

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
All Activities are from 7:45 to 9:30!!			High School Night Family Swim 1	Aerobic H2O Men's b-ball Volleyball Adult free swim 2	3	4
5	Middle School Night Family Swim 6	7	High School Night Family Swim 8	Adult Night 9	10	11
12	Middle School Night Family Swim 13	14	High School Night Family Swim 15	Adult Night 16	17	18
19	Middle School Night Family Swim 20	21	No School No Rec. 22	No School No Rec. 23	No School No Rec. 24	25
26	Middle School Night Family Swim 27	28	High School Night Family Swim 29	Adult Night 30		
A.M. Lap Swim 6:00am-7:30am M,W,F unless school is closed!!						